

Whats the craic?

Keep up to date with all DLHC news, fixtures, match results and events via our website:

www.dromoreladieshockeyclub.com

Why not visit the notice board and add your comments or send in details of funny happenings around the club :)



2011-2012

**MEMBERSHIP
PACK**

WELCOME

Welcome to **Dromore Ladies Hockey Club!** We are one of the most progressive and fastest growing hockey clubs in NI. DLHC hold three weekly training sessions and play all home matches on the astroturf pitch at Ferris Park, Dromore.

This season we will field six Senior teams spread throughout the Ulster Leagues, with our First XI playing in Senior 2.

The Club also runs a very successful youth development scheme with upwards of 100 members, and an enthusiastic veterans squad.

This pack should detail all the information you need to know about the 2011-2012 season at Dromore Ladies Hockey Club.



This is approx how much per person it costs to run the Club each year ... a total of £272!



Dromore Ladies Hockey Club Kit Orders

To play like a team we need to look like a team!



Check out all our playing and training kit under the Club info section of our Website.

Here you can see a list and images of all the items available along with sizing guides, price lists and order forms.

New this year is the opportunity to purchase your own away shirt. Also all players will be required to purchase our new away socks this season so we all look the same when travelling too!

To order, download and complete the order form and pass to Jonny McBride or Cathy Sturgeon along with your payment.

Who's Who at DLHC

The Executive Committee for 2011/12 (just in case you need to know!)

President	Ruth Ravey	Senior Club Captain	Veronica Cummins
Chairperson	Cathy Sturgeon	Junior Club Captain	Sadie Henry
Secretary	Karen Johnston	Fundraising Secretary	Nicole Laverty
Treasurer	Jonny McDonagh	Sponsorship Secretary	Michelle Herron
Match Secretary	Joanne Titterington	Communications Officer	Louise McCracken
Membership Secretary	Karen Johnston	Welfare Officer	Lynne Nesbitt
		Youth Development	Louise McClurg

This is YOUR Club and as a member of DLHC you have the opportunity to contribute to how the Club is run. If you have any ideas or suggestions to put to the committee or if you have a concern of any nature, you should contact your Captain or one of these designated officers:

Senior Club Captain (1XI—4XI) Veronica Cummins (07738168760)
 Junior Club Captain (5XI-6XI,Vets) Sadie Henry (07429115978)
 Welfare Officer Lynne Nesbitt (07752528674)

Calling all Umpires !!

No hockey match can go-ahead without the presence of two umpires and with 6 teams out every Saturday we need to build on our current dedicated bunch of people who are willing to pick up a whistle.

Mark Glover has kindly agreed to be our **Umpire Co-ordinator** this season and if you have experience in this area or would like to avail of the training coming up very soon on the **22nd and 27th Sept** please contact Mark on **07955354631**.



SUBSCRIPTIONS

Nobody likes to talk about it, but it is an essential part of becoming a member of the Club! Substantial expenditure is incurred every year in running a club like Dromore and while we don't make a profit, we need to ensure that the Club doesn't go into the red! We try to keep subscriptions as low as possible and supplement our income with sponsorship and other fundraising events which all members are expected to assist with.

Here's some of the expenses your subscriptions cover:

- Registration of teams with Ulster Hockey Union
- Cost of hiring AstroTurf pitch for training and for matches
- Coaching, training equipment, goalie gear, balls, etc
- Insurance, cost of entering tournaments and courses

Type of Membership	FULL Subscription Fees	Early Bird Fees if paid by 28.09.11	Payment by instalments 6 Months)
Full Member	£200	£180	£33.33 pm
Full-Time Education	£140	£120	£23.33 pm
Veteran Member	£30	-	-
Associate Member	£30	-	-

Early Bird Discount!
£20 off if fees paid in full by Wed 28/09/11!

Payment Options:

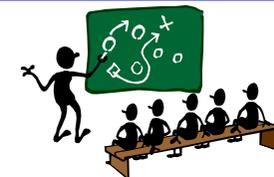
- **By Cheque** - should be made payable to Dromore Ladies Hockey Club
- **Full payment** - must be made by **Sat 29/10/11** at the latest. If full payment is made by Wed 28/09/11, a £20 discount will apply!
- **By Instalments** - Payment can be made in six monthly instalments as detailed above (either by post dated cheques or by Direct Debit) starting by 29/10/11 at the latest. Please ask for a Direct Debit form. Direct Debit forms / post-dated cheques must be given to Karen by Monday 29/10/11 if you wish to use this convenient method of payment.

Match Fees, & Petrol Money

Match fees are £2 per game, which is payable by all members. You will also be expected to make a contribution to drivers for away matches towards the cost of their petrol.

PLEASE NOTE - Failure to pay subscription fees by one of the above methods by the due dates or consistent non-payment of match fees may result in non-selection until all outstanding fees are paid in full. Subscription fees are non-refundable.

COACHES 11.12



1st Squad	Jonny McBride
2nd Squad	Gareth Kidd
3rd and 4th Squad	Michelle McMillen
5th, 6th, and Vets Squads	Phil Moody
Goal Keepers	Sam Richardson/Collin Clelland

TRAINING



Training Times:

Mon (20.00-22.00) 1st, 2nd, 3rd & 4th squads
Wed (19.00-20.30) 5th, 6th & Veteran squads
Wed (20.00-22.00) 1st squads every week
Wed 2nds training to be confirmed.

All training takes place on the AstroTurf pitch at Ferris Park, Dromore. Please remember to bring a bottle of water, hockey stick, shin guards and your mouth guard.

Details



In order that the Club can communicate effectively with you, it's important that we hold your up-to-date details.

Please make sure that **Karen Johnston** has all your current details - if you are new to the Club or if any of your details have changed please complete a **Membership Form** (available from Karen or download from our website www.dromoreladieshockeyclub.com)

SPONSORSHIP

As one of the fastest growing clubs in Northern Ireland, DLHC relies upon the generosity of various sponsors.

We are always on the lookout for new sponsors - either general sponsors of the Club, individual team sponsors or kit / equipment sponsors.

If you have any contacts of people who may be interested in helping the Club, even in a small way, please contact .

DLHC RULES

On becoming a member of Dromore Ladies Hockey Club, you are signing up to obey the Rules of the Club. Any breach of the rules may lead to disciplinary action being taken by the Club Committee.

General Club Rules adopted by AGM 13/05/11.

1. Fees are to be paid in full by 29/10/11, unless being paid by instalments as agreed with the Treasurer/Membership Secretary. Failure to do so will result in non-selection until they are paid.
2. Players who train regularly will receive priority in team selection.
3. Players not available to attend training or play in any match should inform their Captain or Coach ASAP
4. Players being dropped from one team to another must be informed by the Captain of the team for which they were last selected.
5. Competitive matches will begin in September '11 running through to March '12 with League & Cup matches every Saturday.
6. Any grievances should be passed to your team Captain who in turn shall pass it on to the Club Committee via the Club Captain.
7. Club members are expected to:
 - (i) Support ALL fundraising events throughout the season
 - (ii) Write at least one match report per season.
 - (iii) Be READY TO BEGIN training on time.
8. The Club Constitution will be adhered to at all times.
9. Only Players & Officials involved in the ongoing game are permitted to be at the dugout. All spectators must be at the car park side.
10. A match report MUST be submitted to the Press Officer by 6pm Sunday at the latest.



Copies of Ulster Hockey Union rules are also available to members upon request

Policy Statement

DLHC is fully committed to safeguarding the well being of its participants. Every individual in DLHC should at all times show respect and understanding for participants rights, safety and welfare and conduct themselves in a way that reflects the principles of the organisation and the guidelines contained in the Code of Ethics and Good Practice for Children's Sport.

DLHC, as an affiliated member of the UHU, has adopted and implemented their Code of Ethics for Hockey for Young People which must be read at www.ulsterhockey.com.

As a member/associate of DLHC it is understood that on paying fees and representing DLHC that you will conduct yourself in an appropriate manner and have read and accepted DLHC's Constitution which incorporates the above Code, and will abide by it at all times.

DLHC FUNDRAISING

DLHC social events are organised throughout the season and are an important part of Club life! Make sure you note dates when advised, and keep them free to come with your team mates and help contribute towards the fundraising of your Club!



QUINGO?!

Coming Soon @

Dromore Rugby Club

Bring your mates for a bingo/quiz extravaganza

More details to follow!